www.allenschools.org



October 2016 Edition

NEWSLETTER

#### SUPERINTENDENT'S CORNER

September is a busy month for the office of Superintendent and for the local school board. It is in September that schools are officially ending their fiscal year (August 31) and starting the new fiscal year (September 1). Also during this month a new budget is being adopted and tax levies are set. I am proud to announce that this year the general fund levy for Allen Consolidated Schools was set at 83 cents. This is 12 cents below the state minimum. If you see a board member, please thank them for their hard work not only for the month of September but for everything they do. They are people who are truly dedicated to our school and to our children.

I would like to thank all the parents that attended parent teacher conferences last month. It is always exciting to see all of you and your children participate in this opportunity to communicate with teachers. I encourage all of you to be active participants in the educational process of your students. I would like to personally invite all of you to stop in our school at any time to come and visit with the teachers, staff, and administration. Studies have shown that when parents are involved in their child's education, students will benefit and experience a higher degree of success. When you come to visit the school the only thing that is required is that you stop in the office and check in. Our office staff will have you sign in and will give you a visitor's pass. Once you are done with your visit stop back in the office and sign out.

Other ways that parents can be involved in the educational process is by reviewing your child's progress on PowerSchool. If you do not have access to PowerSchool or the password, call the main office and we can help get you started on this great communication tool. Parents can also be involved by simply talking to their children about the activities they did in school, looking at your child's assignment books, and asking what their favorite part of the day was or if they have any major projects or tests coming up. If we all work together, we can produce successful students that will be able to compete in the global economy.

I would like to thank everyone for their continued support as we are fast approaching the end of the first quarter.

Michael Pattee, Superintendent ALLEN CONSOLIDATED SCHOOLS





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The annual Halloween parade and concert will be held on October 31st at 2:00 p.m. in the gym. All students Pre K thru 6th grade will be participating.

We will parade through the gym in costumes and have a short musical program. The public is invited to join us for the fun!!

> Thank you, Lori Koester

#### Family Educational Rights and Privacy Act (FERPA)

Annual notice provided to parents/guardians and eligible students of their rights to inspect and review educational records, amend education records, consent to disclose personally identifiable information in education records and file a complaint with the U.S. Department of Education.

#### PRINCIPAL'S CORNER

Happy October! Fall is upon us and we have almost completed one full quarter of classes. Homecoming week is coming up October 10-14, and preparation and planning for this has already begun. Parent-teacher conferences were held on Thursday, September 22<sup>nd</sup>, and we had a good turnout! It is always good to have that time to communicate student progress with parents and we appreciate your participation. If you were unable to attend, please make sure to contact your child's teachers and discuss his or her schoolwork. It is a good time to hear about the positive things kids are doing, and if there are any problems, taking care of them now can prevent larger problems in the future. We want to do everything possible to encourage students to make good choices and put forth their best effort.

Parents can check student grades at any time using their login and password for PowerSchool. If you need these, feel free to stop in the office or call at (402) 635-2484, and we can share those with you. The PowerSchool link can be found on the school website: <u>www.allenschools.org</u>. You can also keep up with school activities via the calendar which is available on the school website, and we have a link on the right side of the home page for the daily bulletin as well. In addition, students and parents are able to use the "myHomework" app to check on upcoming homework in most of their classes. We are committed to providing a multitude of opportunities to students in order to help them succeed.

As always, any time is a good time to contact teachers or administration with questions, and we look forward to the opportunity to visit with you throughout the year!

#### --Lana Oswald



We are trying out a new online student planner app that \*could\* replace the use of the traditional pen and paper planners that we issue to students each

year. We will continue to issue the paper planners this is not a mandatory switch! However, we are seeing the trend in the general population and with college students in particular, moving more and more toward digital-based planning. Therefore, we see this as a great opportunity to offer our students.

The program we will be using is called "myHomework" and the app is available for use on androids and iPhones, as well as online. Students who do not have access to a mobile device can either use our laptops/chromebooks here at school (and if

they have access to the web at home), or they can continue to use the traditional paper planner. Go to the website for more information. <u>www.allenschools.org</u>

# Homecoming Week will be celebrated

#### The theme for this year's Homecoming is "<u>Spirit Week</u>." <u>Coronation will be held in the gym on Friday, Oct. 14<sup>th</sup> at 1:30 p.m.</u>

There will be a parade immediately following the coronation. The pep rally will be in the gym immediately after the parade. The football game will be vs Emerson-Hubbard at 7:00 p.m.

If you are interested in having a float or other entry for the parade, please call the school at (402) 635-2484 or email <u>dkneifl@esu1.org</u>. Also, if you have a car or jeep that could be used for our royalty during the parade please contact Desiree Kneifl.

#### **Homecoming Dress up Days**

We encourage all our students to dress up for Homecoming week. There will be individual and class prizes awarded at the pep rally!!

Monday: Military Day

Tuesday: Traitor Day

Wednesday: Class Dress-Up Day (Superheroes)

• Pre-K, Kdg, & Seniors: Superma



#### Senior Candidates

Queen Candidates:

**Brooklyn Madsen** 

**Kelsey Malcom** 

**Emily Wilson** 

King Candidates:

**Cody Thomas** 

**Garrett Brentlinger** 

**Chase Johnson** 

Master/Mistress of Ceremonies:

Mistress of Ceremonies is Sierra Brahmsteadt

Master of Ceremonies is Austin Roth.

- 1<sup>st</sup> & Juniors: Batman
- 2<sup>nd</sup> & Sophomores: The Incredibles
- 3<sup>rd</sup> & Freshman: Hulk
- 4<sup>th</sup> & 8<sup>th</sup> grade: Spiderman
- 5<sup>th</sup>, 6<sup>th</sup>, & 7<sup>th</sup>: Flash

<u>**Thursday</u>**: Election Day (Red, White, & Blue)</u>

Friday: Blue & Gold Day

# Conjecturiero isi

Kindergarten Attendants: Emma Waldo and James Warner 1<sup>st</sup> Grade Attendants: Cora Ridenour and Gunner Hackney Junior Escorts: Hailie Brentlinger Brianna Hingst Tanisha Isom Hunter Riffey Jacob Williams

Levi Woodward

# Special Education

Allen Consolidated Schools ensures that a free appropriate public education is available to all children with disabilities from birth through the high school year in which the student reaches 21 years of age, including children who have been suspended or expelled from school.



Allen Consolidated Schools requests your help in locating handicapped children. The school implements the Federal Handicapped Children's Act (PL 94-142) and Nebraska Statute which guarantees a free appropriate education program for all children between birth and 21 years of age.

If you have students or know of any young person who meets criteria please contact the Superintendent's Office



#### It's time to Apply2College!

This fall, over 150 Nebraska high schools are holding Apply2College events during the school day to help seniors complete college applications. Whether or not your school is participating, go to the following link for some tips and resources to help you prepare for the application process.

<u>https://</u> www.educationquest.org/ <u>11th-12th-grade-</u> <u>students/selecting-a-</u>



#### TEST DATE REMINDERS

- ⇒ PSAT for
   Juniors Wed, Oct 19
- ⇒ ASVAB for all sophomores and some Jr & Sr's -Wed, Oct 26

# COUNSELOR'S OFFICE



#### **REGISTER FOR A BAR CODE!!**

Before you attend a college fair or EPP, visit <u>www.NebraskaCollegeFairs.org</u> to register for a barcode. Take the barcode to the event and college reps will scan it to retrieve your demographic information.

Date	Times	Location	
October 2, 2016	October 2, 2016 12:30pm to 3:00 pm Tri-State A Marina Center, S		
October 9, 2016	1:00pm to 3:00pm	Lincoln Area College Fair - Southeast Community College—Lincoln, NE	
October 16, 2016	1:00pm to 4:00 pm	Omaha Area College Fair, University of Nebraska Omaha, Omaha, NE	

For details, including a list of participating colleges, see the <u>College Fair Article</u> at **EducationQuest.org.** If you can't make it to a College Fair, attend an **Educational Planning Program** [EPP] at a location near you. These "mini college fairs" also feature college representatives. See "Upcoming Events" at **EducationQuest.org** for dates and locations!



Sophomore Career Day at Wayne State College

Tuesday, October 18th

ASVAB Testing for all sophomores & interested Juniors and Seniors is Wednesday, October 26th at Allen School beginning at 8:30 a.m.

There is no cost for this test. CAREER EXPLORATION PROGR



Red Ribbon Week is Oct. 24 thru Oct. 31 and we are taking a stand against drugs. Join us! Take the pledge: <u>www.redribbon.org/pledge</u>

# Attend a Financial Aid Program and you may win a \$500 scholarship!!

If you're a high school junior or senior—and if you attend an EducationQuest **Financial Aid Program** [FAP] before February 1, 2016—you'll earn a chance to win one of *three \$500 scholarships!!* 

EducationQuest is conducting FAPs across the state. If you attend, you can register to win a \$500 scholarship. Parents or guardians who attend may register on their student's behalf.

# COUNSELOR'S OFFICE

Seniors . . . It's time to prepare for the early FAFSA!

Beginning October 1st, you can apply for federal, state and college-based financial aid by completing the Free Application for Federal Student Ain (FASFA). This is a change from previous years when students had to wait until after January 1 to apply.

Here is how you can prepare:

- ⇒**Create a Federal Student Aid (FSA) Id** for you and one for your parent at <u>fsaid.ed.gov</u>. You and a parent will each need a FSA ID to access and sign up for the FAFSA.
- ⇒Be aware of your college's FAFSA priority date. Complete your FAFSA before that date as some financial aid is awarded first come first served. Contact your college's financial aid office to learn their priority date.
- ⇒Attend an EducationQuest Financial Aid Program (FAP) to learn about the FAFSA and the financial aid process. If you attend, *you'll be eligible to register for a <u>\$500 schol-arship</u>! FAP's will be held at high schools across the state. Ask Mrs. Kneifl for dates and locations.*
- ⇒See FAFSA Tools at <u>EducationQuest.org</u> for free tools that will help you prepare. For free personal help, call the EducationQuest location nearest you to make an appointment: Omaha 888.537.6300; Lincoln 800.303.3745; Kearney 800.666.3745; and Scottsbluff

- 800.303.3745 ext. 6654.



#### Seniors...have you visited your top colleges??

If you haven't done so already, visit your top colleges **soon** to narrow your choices. Application deadlines will start hitting later this fall. Follow these tips for a successful visit:

**Contact the admissions office at least two weeks in advance** to schedule your appointments with an admissions representative, financial aid counselor, and a faculty member in the area of study that interests you.

**Check out the college website before your visit.** Most college sites have a section for prospective students. You might even be able to schedule your campus visit online.

**Visit while the school is in session.** You won't get the true flavor during breaks or finals week.

Ask LOTS of questions. See the *Go.Visit.College!* Handout for good questions to ask.

(http://apps.educationquest.org/pdfs/Handouts/GoVisitQuestions.pdf)



# Some important test dates to remember :

\*ACT for Juniors & Seniors:

•October 22, 2016 - registered by Sept 16

•December 10, 2016 - register by Nov 4

•February 11, 2017 - register by Jan 13

•April 8, 2017 - register by Mar 3

•June 10, 2017 - register by May 5

To sign up for the ACT visit <u>www.actstudent.org</u>

> For free help with college planning, contact EducationQuest Foundation:

> > **Omaha:** 402-391-4033 888-357-6300

**Lincoln:** 402-475-5222 800-303-3745

**Kearney:** 308-234-6310 800-666-3721

**Scottsbluff:** 800.300.3745 ext. 6654

#### The school will be hosting a Veterans Day Breakfast

#### at 7:30 a.m. until 8:10 a.m. on Friday, November 11, 2016.

Non-Discrimination Policy

It is the policy of the Allen Consolidated Schools not to discriminate on the basis of sex, handicap, age, race, religion, marital status, or national or ethnic origin in its educational programs, administered programs, and all the related publications.

It is the policy of the Allen Consolidated Schools not to discriminate on the basis of sex in its educational programs, activities, or employment policies as required by Title IX of the Educational Amendments.

Inquiries regarding compliance with Title IX may be directed to:

Mr. Pattee, Superintendent, Allen Consolidated Schools, (402) 635-2484,

or to:

The Director of the Office of Civil Rights, Department of Education, Washington D.C.

# ALL VETERANS and spouses and all current service members and spouses are invited. A program will follow to honor the true American Heroes. Please take a few minutes out of your day to show respect to those who have put their lives on hold, to ensure we do not have too.

If you know of a veteran or service member who has not been publicly honored with a plaque during the past three years, please get that information to: Megan Kumm, Sara Kumm, Richard Puckett or Dave Uldrich. Information necessary would be: Name, Branch served, Years of service and rank. If the veteran or current service member has relation in the school, please note that when notifying us.

We hope to see you there, Dave Uldrich

#### Jr. Class Fundraiser - October 3rd - 18th

Prom will be here before you know it! We are working hard to make it one to remember. Please help us reach our financial goal by supporting our Deli International fundraiser.

Contact any junior class member, Mrs. Anderson or Mrs. Dickens to see a catalogue and to place your order today! We appreciate all of your support.



Will be at the Allen Schools on November 9th

from 2pm to 6pm

LifeServe Bloodbank

#### HOME GAME ACTIVITY PASSES

Individual Pass — \$65

Couple Pass — \$ 120

Family Pass—\$ 230

Golden Eagle Pass (age 60+)

\$ 40 Individual / \$75 couple

Call the office with questions.







The 2015-2016 annual has arrived! There are a few annuals remaining at the price of \$30 each.

Please contact the school if you would like to purchase one.



The Allen Schools is still collecting Box Tops for Education. It's easy to find Box Tops. In fact, you may have some in your home right now. Clip Box Tops from your favorite products and turn them in to your child's school today! Box Tops are each worth 10¢ and they add up fast! Clipping is EASY! Find Box Tops on hundreds of products you know and love. See the website for a listing of Box Tops products!



# LIBRARY NEWS...



Pizza Hut Book It will officially kick off this month! Students will be assigned a reading goal in order to earn free pizza coupons from Pizza Hut each month. Student progress will be displayed on a bulletin board outside of the library. This year, our theme is "Blast Off Into A Good Book!" After reaching their reading goal each month, students will progress to a different planet which will be displayed on our bulletin board. Those students who reach their monthly reading goal between October and April, will earn a special prize at the end of the year.



In library class this past month, we have focused on Caldecott award winning books. The Randolph Caldecott award is given each year to the most distinguished picture books in the United States of America. Most people think of picture books as written for only very young, early readers but that is simply not the case. Great picture books are created for all age and reading levels! With our first round of MAP and AIMS Web testing completed, students are now able to choose at least one book from the library on their appropriate, independent reading level. Encourage your child to read these books to you!

Don't forget to check-out our school's online library catalogue at:

allenschools.follettdestiny.com



#### Elementary Computer Classes:

Kindergarten and 1<sup>st</sup> graders have been busy learning the basic parts of a Chromebook and how to use them correctly. Our main focus has been learning how to use the mouse pad correctly and with ease in order to navigate and select items while playing educational games related to required learning skills. This month, we will focus on learning basic typing skills such as good posture, hands on home row, and eyes on the screen rather than on our typing fingers.

2<sup>nd</sup>-6<sup>th</sup> graders have focused on typing skills. They have mastered basic typing skills such as perfect posture, fingers on home row, and are now moving into more difficult typing skills that require speed and accuracy. As we move into the second quarter of school, we will use our typing skills to complete projects and varied assignments other than just completing tasks on the typing program. Typing will be a main focus throughout the entire school year. This skill is needed for an ever changing technological world and is a main component of our Nebraska State Tests that are administered in the spring. We are in an era of tablets and cell phones and most young children do not have many experiences using a computer with a keyboard and mouse. Please encourage your child to play and work on the computer at home to help reinforce these skills.





#### SENIOR PICTURES

Just a reminder, the school needs two colored glossy billfold size portraits or a digital photo copy of each senior by January 9, 2017.



Keep up-to-date with upcoming school activities at:

www.allenschools.org



You can check out your student's schedule, grades, attendance and lunch balance.

If you have forgotten your password please contact the school at (402) 635-2484.

#### Highly Qualified Teachers

This is a notification to all parents that information can be requested regarding the professional qualifications of the teachers at Allen Consolidated Schools.

If your student will be taught by a teacher not meeting ESEA/NCLB requirements the school will provide notice.

# FROM THE TITLE ROOM...

Happy October everyone! We have been extremely busy in the title room over the past month! Our kindergarten students have been working on letter and number identification using a few games, worksheets, and oral strategies. The first through sixth graders have been working on math facts daily to ensure their knowledge of these skills. In reading, we have been working steadily on improving our oral reading fluency skills. The students typically read a passage with one cold time and three hot times each day. A cold time is a practice where their mistakes do not count, but I give them feedback on the mistakes made. During the hot times, the students read the passage and I count mistakes and subtract them from the total words read. This gives us a score that we chart on our graphs. Each cold or hot time is for one minute.

We implemented the new AIMSWEB PLUS system in our elementary and middle school this year and are getting it wrapped up this week. We had a few kinks to work out in it, but it seems to be going more smoothly. We would like to say thank you to all of our staff and students for being so flexible during the testing window.

A few tips for parents to try this month.....

#### Kindergarten and First Grade

Read books to your child and point out the page numbers to him or her. Have your child tell you what number the page is if they can. Have your child count objects on the page and tell you how many items there are. Examples: There are three pigs, or there are 8 balloons.

Point out objects to your student such as squares, triangles, and rectangles. Have them count the number of sides with each shape and then orally tell you what they have. Examples: A square has four sides. A triangle has three sides.

#### Second Grade and Third Grade

Have your child demonstrate how to get different sums with their fingers. Example: Show me how to get 8 using both of your hands. Have them repeat the problem orally. I have three fingers plus five fingers, this equals eight fingers.

At the grocery store have your student count a bunch of bananas. Then ask, how many more bananas would we you have to add if we needed 12 bananas for this week. Be creative and challenge them with any reasonable number.



#### Be a Volunteer!

Becoming a school volunteer can be one of the most rewarding experiences in life. Sharing a special talent, reading a book to a student, assisting the school librarian, helping to put up an interesting bulletin board for the classroom teacher, or helping chaperone on a field trip are all ways that one can serve as a school volunteer.

Volunteers are made up of parents, grandparents, business people, retirees, high school students, and other community members. They can volunteer on a regular basis or on special occasions. If you would like to volunteer please call the school at (402) 635-2484.

#### Mr. Miller Title Coordinator

The Springbank Township Library invites all children to stop at the library for a treat as they go trick-or-treating on October 31. The library will be open from 5:00 to 7:00.



Thank you to Gloria and Rayme Dowling for collecting money from pop cans and donating it to the elementary students for recess ball racks.



#### Smack Dab in the Middle: Cody Thomas, Allen



Bob Jensen | Publisher – Huskerlandpreps.com

Why play football? For Allen's Cody Thomas the motivation is pretty straight forward.

Kid likes to hit people.

Oh, and his dad also played.

And that's mostly what they talk about, football that is.

Turns out playing football was a pretty good idea for Thomas, who has carved out quite a little career for himself at Allen, a Class D-2 school located in far northeast Nebraska. Far enough up there you might not have heard of Thomas, which would be too bad, because the kid's a pretty good player.

"Cody's got a low center of gravity and he's strong as an ox, so he's a tough person to knock off his feet," says Allen head coach **Dave Uldrich**. "Cody is a silent, lead-by-example player, but he is not going to get cheated when he steps on the field. The team sees that and it does positively influence the way his teammates play the game."

Playing nose guard on defense he led the team last year in tackles with 99, and that was despite being double-teamed on almost every play. (That happens when you are a two-time returning all-district player.) When it comes to all the blocking attention from opponents, Thomas has come to grips with the idea that's just how it is.

"It can be a little tiring, especially when you play both ways like I do, but you do your best to hold your own in the middle of the line. I like to try to get through one guy and make the other one move some, so I have an alley to the runner," explains the 5-foot-9, 200pound Thomas.

An acknowledged team leader, Thomas is joined in the Allen defensive line by junior Jacob Williams, sophomore Devin Twohig and freshman Brogan Jones. It's a group that is learning to play together, and Thomas takes his leadership role seriously.

"They know I'm not going to say a lot because I like to lead by example, but I will give them tips as I can, and always remind them you need to stay low when you are playing in the line. Low man always wins," he says.

Thomas moved into the starting lineup toward the end of his freshman season and he's glad for the experience, and also glad it's over. "I was nervous because you are playing against a bunch of bigger guys, especially in the line, but it taught me a lot. After that season was over I realized I still had a lot to learn," says Thomas, who apparently has learned his lesson quite well.

Besides his work on the defensive side of the ball Thomas has played fullback most of his career, but was moved into the offensive line to start the 2016 season. That didn't last long, though, as he was returned to the backfield midway through the first game, much to his joy.

"I'd rather play fullback, it's what I know and where I have played most of my career. I like getting the ball some, getting to block some, especially since you get a running start before you hit the guy you are blocking," he explains. Born in Sioux City, Iowa, Thomas lived mostly in Allen, except for his family's brief move to Newcastle, and he's quite a horseman, enjoying several horses on the family acreage. He's also a successful 4-H competitor, where he teams with his 15-year-old mare Cassie to dominate the world of barrels and poles at the Dixon County Fair.

Thomas has a 3.7 GPA and is also an outstanding wrestler, finishing sixth at state last year in Class D at 170 pounds. He also plays percussion in the school band and plans to become an electrical contractor, and maybe play football or wrestle at the college level.

Like every senior football player, Thomas has a simple goal for the season: have Allen make the playoffs. Difference is, Allen's never made the playoffs during Thomas's career.

"That would be great, to get to play some playoff football. I feel like we can make that happen, and if we do it would make my career complete, it really would."

	-	Allen	llen High School - Octo	- October 2016		
Sun	Mon	Tue	Wed	Thur	Fri	Sat
						1 Festival of Bands Parade - Sioux Falls – leaving at 6:00 AM 8:30 AM – 10:00 AM Youth Volleyball Practice
2	3	4	5	9	7	8
12:30 PM – 2:30 PM Tri State College Fair at SSC Convention Center	4:00 PM JH Football @ Bloomfield-Wausa (Bloomfield)	Land Judging at Dixon County Fairgrounds 5:30 PM HS VB @ Winnebago Triangular - A Team	1:30 PM Kids on the Block Presentation: K-3@ 1:30, 4-6 @ 2:15	6:00 PM HS VB @ Hartington-Newcastle B-A	7:00 PM HS Football @ Winside	8:30 AM – 10:00 AM Youth Volleyball Practice 9:30 AM Wayne Band Day 10:00 AM HS VB @ Wisner/Pilger Tournament - A Team
6	10	11	12	13	14	15
	3:30 PM Concessions @ FB by Music Boosters 4:00 PM JH Football vs Emerson-Hubbard 6:00 PM JV Football @ Emerson-Hubbard 7:00PM School Board Meeting	6:00 PM HS VB @ Whiting, IA B-A		9:30 AM 5th-6th Grade SC Symphony - leaving at 8:15 am 6:00 PM HS VB @ Winside B-A	5:30 PM Tailgate for the Music Boosters 7:00 PM HS Football vs Emerson-Hubbard - HOMECOMING and SENIOR NIGHT	8:30 AM – 10:00 AM Youth Volleyball Practice 8:30 AM HS VB @ Wakefield Triangular - B Team
16	17	18	19	20	21	22
	7:00 PM FFA Chapter Meeting in Allen 7:00 PM Music Booster Meeting	8:30 AM - 3:30 PM WSC Career Day for Sophomores 3:00 PM JH VB vs Homer 5:30 PM Pancake Supper - Music Boosters 6:00 PM HS VB vs Homer - B-A - Parent's Night	8:30 AM – 11:30 AM PSAT for juniors in the MP Room	7:00 PM HS Football @ Wausa	End of the First Quarter NO SCHOOL - Fall Break	8:30 AM - 10:00 AM Youth Volleyball Practice 2:00 PM HS VB @ TBA - L&C Tournament - A Team
23	24	25	26	27	28	29
	Red Ribbon Week 10:00 AM Drug Free Presentation in the Gym - 7-12 grades 5:30 PM HS VB @ Hartington - L & C	Red Ribbon Week 3:00 PM JH VB @ Wakefield 5:30 PM HS VB @ L-C-C - L & C Tournament - A Team	Red Ribbon Week 8:30 AM – 12:00 PM ASVAB Test for sophomores in MP Room	Red Ribbon Week TBA State Football Playoffs Begin	Red Ribbon Week	Red Ribbon Week
30						
	Red Ribbon Week TBA HS VB @ TBA - Sub-district Volleyball - A Team		Schedule Star 800-822-9433			





#### 2016

2106

2010				2106
Monday	Tuesday	Wednesday	Thursday	Friday
B: Breakfast Pizza	B: Long John	B: Eggstravaganza	B: French Toast	B: Egg & Biscuit
L: Chicken Quesadilla Spanish Rice	L: McRib on a Bun Baked Beans	L: Chili Cinnamon Roll	L: Stromboli Broccoli w/ Cheese	L: Chicken Strips Mashed Potatoes w/ Gravy Tea Roll
10 B: Uncrustable	11 B: Chocolate Donut	12 B: Pancakes	13 B: Sausage on a Biscuit	B: Yogurt
L: Tater Tot Casserole Blueberry Muffin Jello	L: Chicken Patty on a Bun Tri-Tator	L: Turkey Melt Baked Beans Jello	L: Salisbury Steak Mashed Potatoes w/ Gravy Tea Roll	L: Hamburger on a Bun Tater Tots
17	18	19	20	2
B: Long John	B: Cinnamon Roll	B: Pop Tart	B: Omelet	NO SCHOOL
L: Country Fried Steak Mashed Potatoes w/ Gravy Corn Tea Roll	L: Burrito Refried Beans	L: Hot Ham & Cheese Carrots Doritos	L: Spaghetti Green Beans Tea Roll	FALL BREAK
24 B: Biscuit and Gravy	25 B: Cinnamon Round	26 B: Breakfast Pizza	27 B: Egg & Biscuit	29 B: Pancake and Sausage
	B. Cinnamon Round	D. Dreaklast Fizza	B. Egg & Discuit	B. Fallcake and Sausage
L: Fiestada Pizza Coleslaw	L: Fish Patty on a Bun Peas	L: Biscuit and Gravy Corn Cheese Stick	L: Crispitos Cheese Sauce Green Beans	L: Mummy Dogs Baked Bugs Halloween Cookie
31 B: Donuts L: Chicken Nuggets Mashed Potatoes w/ Gravy Tea Roll				

Most Breakfast Meals (B) include: Choice of Cereal or Oatmeal

All Breakfast Meals (B) Include: 8 oz. Milk Fruit or Fruit Juice



All Lunch Meals (L) include: 8

8 oz. Milk Salad Bar

Salad Bar may include the following options: Fresh Lettuce Fresh Spinach Carrots / Celery Tomatoes Dired Eggs

Tomatoes Diced Eggs Bean Variety Cucumbers Fruit Variety ALLEN CONSOLIDATED SCHOOLS 126 E. 5TH STREET PO BOX 190 ALLEN, NE 68710-0190 NON-PROFIT ORGANIZATION STDPRST U.S. POSTAGE PAID Permit No. 3 Allen, NE

#### **OCTOBER**

NEWSLETTER



# ECRWSS BOXHOLDER ALLEN, NE 68710



END OF FIRST QUARTER - October 21st NO SCHOOL - October 21st - FALL BREAK